






# Rap writing help - *In me I trust* word bank

## How to use the word bank

- Struggling to get started writing?  
Pick one word from each section and build a bar using that word.
- Feeling more confident?  
If you're looking for a challenge, try using internal rhymes or an advanced connector in your rap.
- Higher-level extension task:  
Mix and match words to create a metaphor or simile.

<p><b>POWER words</b> Themes of self-belief and strength</p> <ul style="list-style-type: none"> <li>· Strong</li> <li>· Brave</li> <li>· Great</li> <li>· Rise</li> <li>· Trust</li> <li>· Bold</li> <li>· Smart</li> <li>· Win</li> <li>· Shine</li> <li>· Lead</li> <li>· Fearless</li> <li>· Proud</li> <li>· Believe</li> <li>· Dream</li> <li>· Confident</li> </ul> 	<p><b>ACTION words</b> Themes of movement and success</p> <ul style="list-style-type: none"> <li>· Climb</li> <li>· Jump</li> <li>· Fly</li> <li>· Run</li> <li>· Chase</li> <li>· Push</li> <li>· Build</li> <li>· Create</li> <li>· Move</li> <li>· Grow</li> <li>· Fight</li> <li>· Stand</li> <li>· Shine</li> <li>· Achieve</li> <li>· Change</li> </ul> 	<p><b>Connectors and fillers</b> To help the flow</p> <ul style="list-style-type: none"> <li>· And</li> <li>· So</li> <li>· Now</li> <li>· But</li> <li>· Keep going</li> <li>· No stopping</li> <li>· Never quit</li> <li>· I know</li> <li>· I rise</li> <li>· I see</li> <li>· It's my time</li> <li>· I stand tall</li> </ul> 
<p><b>Rhyming word sets</b> To spark creativity</p> <p><i>Easy rhymes:</i></p> <ul style="list-style-type: none"> <li>· Strong – long – song – belong</li> <li>· Win – begin – grin – within</li> <li>· Brave – save – wave – behave</li> <li>· High – fly – sky – try</li> <li>· Shine – fine – line – time</li> <li>· Go – show – flow – glow</li> </ul>  <p><i>More advanced internal rhymes:</i></p> <ul style="list-style-type: none"> <li>· Rise up – eyes up – wise up</li> <li>· No fear – I'm here – this year</li> <li>· Got trust – no rust – I must</li> <li>· I move – improve – my groove</li> </ul>	<p><b>Sentence starters</b> To get started or for beginners</p> <ul style="list-style-type: none"> <li>· I trust myself because...</li> <li>· Every day, I try to...</li> <li>· Nothing can stop me when...</li> <li>· I believe that I can...</li> <li>· No matter what, I always...</li> <li>· When life gets tough, I...</li> </ul> <p>_____</p> <p>_____</p> 	<p><b>My own words</b> Make your rap personal</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> 